



Connections

grief care for children and families

Montgomery
Hospice
Bereavement
Care

The death of a parent or child can leave a family out of balance. Attending **Connections** can help families learn to cope by finding ways to express all the feelings that come with grief.

Connections is offered by Montgomery Hospice's Bereavement Care program to children ages 4 to 17 who have suffered the loss of a sibling or parent. Children share memories and use arts and crafts to learn how to cope with grief in ways that fit them.

Parents and guardians can participate in concurrent grief support groups where they learn to care for themselves and their children as the family adapts to loss.



With the support of professional grief counselors and trained volunteers, **Connections** provides a safe environment where children and adults:



feel less lonely by connecting with others who are also grieving

identify ways grief affects them physically, emotionally and spiritually

express feelings through art and personal ceremony

share stories and memories

learn to nurture themselves through self-care

what children say about Connections



To learn more or register:

During the school year, the six-week **Connections** program is held in fall and spring. During the summer, it is a day-long Saturday program. **Connections** is free to families whose loved one was cared for by Montgomery Hospice. It is available to other grieving families for a minimal registration fee.

Find calendar listings for any of our Bereavement Care programs or workshops on our website at www.montgomeryhospice.org or call Montgomery Hospice Bereavement Care at 301 921 4400.

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*Give it a big chance
and don't be afraid
to cry.*

*The crafts are
really fun.*

*I liked finding
out what every-
one else felt.*

*I learned how
to grieve my
own way.*

*I liked that there were kids
like me ... who had lost a
parent. They understood.*

*to gentle the journey through serious illness and
loss with skill and compassion*

Montgomery Hospice Mission

Montgomery Hospice is a nonprofit, medical hospice that has served patients at the end of life and their loved ones since 1981. We offer services throughout Montgomery County, but are independent of the county and state government.

We care for patients at the end of life regardless of their ability to pay. Our work is funded by generous gifts from local residents, businesses and civic groups, as well as by Medicare, Medicaid and private insurance.

Montgomery Hospice Foundation raises and manages the funds that make the work of Montgomery Hospice possible.

Every year, seriously ill and grieving people throughout Montgomery County find comfort through our *Hospice at Home* service, *Casey House* inpatient facility, and our *Bereavement Care* program.

Joint Commission
on Accreditation of
Healthcare Organizations

Medicare and Medicaid certified

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