

Volunteering ...  
and making a real difference



Montgomery  
Hospice



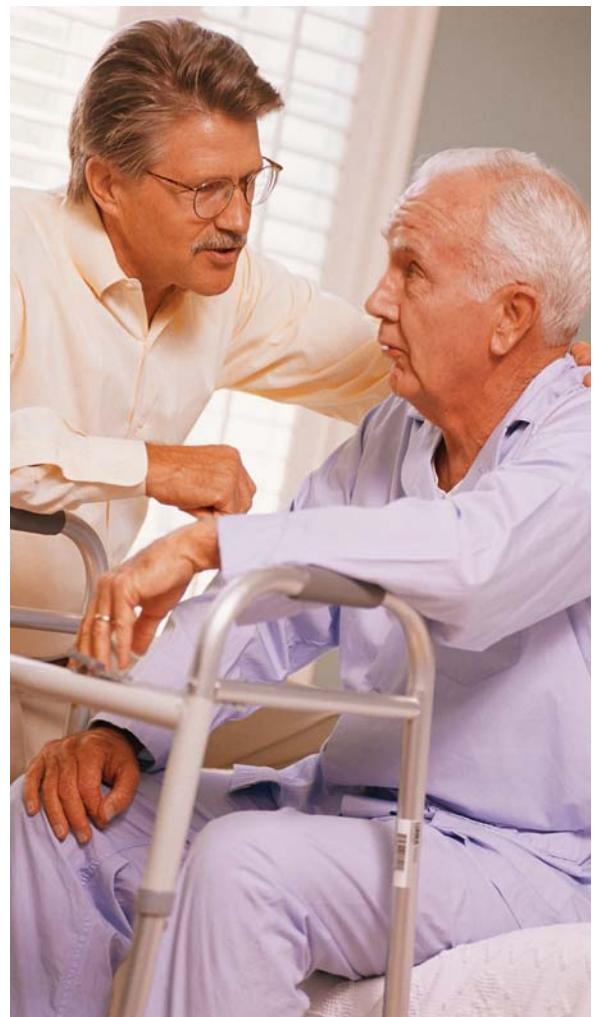
Volunteers founded Montgomery Hospice in 1981, and volunteers continue to make important contributions. The time and energy they dedicate makes it possible for us to carry out our mission of serving our community with compassion.

We offer a variety of opportunities to learn, grow and give. We are always seeking people with special interests and talents that match the needs of area patients and families.

Our training program is highly regarded by the national hospice network and by professionals everywhere who work with volunteers. The extensive and on-going training and support provided by Montgomery Hospice empowers hundreds of people to spread the spirit of our organization and give back to the community they love.

*Volunteering with Montgomery Hospice gives me an incredible opportunity to grow and give back to my community. Hospice training also helped when it was time to take care of my father at the end of his life. It was still hard, but I knew how to care for him, how to handle some of our family issues, and how to take care of myself.*

**Montgomery Hospice volunteer**



## Many Ways to Help

Our volunteers serve in many ways, depending on their interests.

**Patient Care Volunteers** visit with patients so caregivers can take a break; give soothing hand massages to ease stress; run errands or help patients and families with email, letters or memoirs. They help wherever they are needed: in private homes, at assisted living facilities and nursing homes, or at Casey House, our inpatient facility.



**Bereavement Care Volunteers** offer a sympathetic ear and emotional comfort to hospice family members throughout the year following the death of their loved one. Volunteers provide this support through phone calls and home visits.

**Training and Leadership Volunteers** expand our ability to help by stepping into leadership roles. Experienced volunteers lead and constantly review our training programs for effectiveness and to assure the highest standards in care and support for patients and families.

**Fundraising and Outreach Volunteers** spread the word about hospice and help with fundraising events that enable Montgomery Hospice to serve patients regardless of ability to pay.

**Administrative Volunteers** provide office support at our Rockville headquarters and at Casey House. They answer phones, help with correspondence and survey hospice families about the quality of our care.



## ***Training and Support***

Montgomery Hospice offers specialized training to build skills in cross-cultural, end-of-life care. Our core training totals 24 hours and strengthens volunteers' abilities to serve by providing instruction in areas affecting the quality of life for seriously ill people and their loved ones.

Advanced training and coaching is available for those who want to deepen their understanding and participation. Many volunteers say that what they learn also enriches their personal and professional lives.

Montgomery Hospice training includes:

***Communication Skills*** – actively listening for conversational cues and encouraging people to find their own answers

***Understanding Grief*** – recognizing and honoring the various ways people face and cope with loss, before and after death

***Supporting Caregivers*** – being fully present and helpful to those closest to the patient

***Safety*** – protecting patients and caregivers from accidents and infections

***Spirituality*** – supporting patients and families as they face profound questions

***Confidentiality*** – safeguarding patient and family privacy

***Self-Care*** – setting boundaries and relieving emotional stress



## ***How to Apply***

We ask prospective volunteers to submit an application with two references before interviewing with our Volunteer Services staff. Those interested in patient care should also submit a physician's statement of good health.

To learn more, call the Volunteer Services Office at 301 921 4400 or visit our website [www.montgomeryhospice.org](http://www.montgomeryhospice.org), and download an application.

*to gentle the journey through serious illness and  
loss with skill and compassion*

## Montgomery Hospice Mission

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Montgomery Hospice is a nonprofit, medical hospice that has served patients at the end of life and their loved ones since 1981. We offer services throughout Montgomery County, but are independent of the county and state government.

We care for patients at the end of life regardless of their ability to pay. Our work is funded by generous gifts from local residents, businesses and civic groups, as well as by Medicare, Medicaid and private insurance.

Montgomery Hospice Foundation raises and manages the funds that make the work of Montgomery Hospice possible.

Every year, seriously ill and grieving people throughout Montgomery County find comfort through our *Hospice at Home* service, *Casey House* inpatient facility, and our *Bereavement Care* program.

Joint Commission  
on Accreditation of  
Healthcare Organizations

Medicare and Medicaid certified

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